

# 2024 DONEGAL HARP WEEK I

## for ADULT PLAYERS ONLY!

Residents: arrive Sunday June 30<sup>th</sup> (from 2pm),  
depart Saturday July 6<sup>th</sup> (after breakfast)

**June 30 – July 6 Adult Player's Course**  
Classes from 10am-1pm, Monday – Friday with evening activities  
And trip out on Wednesday afternoon  
Player's Concert 12 noon, Friday

### DONEGAL HARP WEEK 1 THE SCHEDULE!

Sunday	Arrive from 2pm 7pm	Dinner (Irish Stew) and easy evening
Monday	9.30-10.30am 11am – 12.30 1pm 2 – 3.30pm 6.30-8pm  9.30pm – 12.30am	Warm-up Harp Aerobics Morning classes Light Lunch Afternoon classes Recital with Janet: Introduction to the Irish harp: “400 years from court to kitchen” Eat in or eat out Session at Húdí Beag's (bus provided)
Tuesday	9.30-10.30am 11am – 12.30 1pm 2 – 3.30pm  8pm	Warm-up Harp Aerobics Morning classes Light Lunch Afternoon classes Eat in or eat out Session at home Introduction to the session with guest musicians
Wednesday	9.30-10.30am 11am – 12.30 1pm  9.30pm	Warm-up Harp Aerobics Morning classes Light Lunch Afternoon off for big trip out – to Gola Island if weather allows – to Mount Errigal or Glenveigh National Park Your concert! Course participants invited to play an informal concert

Thursday	9.30-10.30am 11am – 12.30 1pm 2 – 3.30pm 6.30-8pm  9.30pm	Warm-up Harp Aerobics Morning classes Light Lunch Afternoon classes Recital with Janet The Contemporary Trad Harp – music of our time! Eat in or eat out Big quiz in or session out!
Friday	9.30-10.30am 11am – 12.30 1pm 2 – 3.30pm 7pm	Warm-up Harp Aerobics Morning classes Light Lunch Afternoon classes Dinner out and big session at Húdí Beags
Saturday		Breakfast and Goodbyes